

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 All Saints Day 9:30 News and Coffee 10:30 Movement to Music 2:00 Concert with Nate: Ragtime/Rat Pack/ Piano - C	2 9:30 Morning Chats 10:30 Exercise 2:30 Clue Trivia 6:00 Turner Classic Shows	3 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 Walk and Talk 3:00 Dog visit with César 6:00 Relaxing Music	4 9:30 News and Coffee 10:30 Sit-and-Stretch 3:00 BINGO 6:00 The Good Old Days	5 9:30 Morning Check In 10:30 Exercise 1:30 Music with Chris - C 2:30 Double Meaning Day 6:00 Memory Lane	6 10:00 Exercise - JC 2:30 Puzzle 6:00 Evening Movie
7 Daylight Saving Time Ends 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie Change Clocks Back One Hour	8 9:30 News and Coffee 10:30 Movement to Music 1:00 Monday Manicures 2:00 Concert with: – C 6:00 Relaxing Music	9 9:30 Morning Chats 10:30 Chaplain Chats – JC 1:30 Outing: Scenic Drive to the Arboretum 2:30 Healthy Happy Hour 6:00 Turner Classic Shows	10 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 Walk and Talk 3:00 Dog visit with César 6:00 Relaxing Music	11 Veterans Day 9:30 News and Coffee 10:00 Veterans Day Program - C 3:00 BINGO 6:00 The Good Old Days	12 9:30 Morning Check In 10:30 Exercise 11:00 Chicken Soup for the Soul-Reading 2:30 Bracelet making 6:00 Reminiscing	13 10:00 Exercise - JC 2:30 Table Games 6:00 Evening Movie
14 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie	15 9:30 Weekday Update 10:30 Movement to Music 1:00 Monday Manicures 2:00 Concert with Bonnie: Movie Music History – C 6:00 Relaxing Music	16 Button Day 9:30 Morning Chats 10:30 Chaplain Chats – JC 1:30 Button Day Craft 6:00 Turner Classic Shows	17 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 Walk and Talk 3:00 Dog visit with César 6:00 Table Puzzles	18 9:30 News and Coffee 10:30 Sit-and-Stretch 2:30 BINGO 6:00 Digital Concert	19 Full Moon 9:30 Morning Check In 10:30 Exercise 1:30 Music with Chris - C 2:30 Lets Learn About 6:00 Relaxing Music	20 10:00 Exercise - JC 2:30 Color My Mind 6:00 Evening Movie
21 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie	22 9:30 News and Coffee 10:30 Movement to Music 1:00 Monday Manicures 6:00 Relaxing Music	23 A Nutty Day 9:30 Morning Chats 10:30 Chaplain Chats – JC 2:30 Monthly Birthday Party with George: Accordion Music - DR 6:00 Turner Classic Shows	24 9:30 Midweek Check In 10:00 Thanksgiving Service - C 10:30 Walk and Talk 1:30 Outing: Scenic Drive to the Arboretum 3:00 Dog visit with César 6:00 Music Listening	25 Thanksgiving  9:30 News and Coffee 10:30 Sit-and-Stretch 11:30 Thanksgiving Day Meal 6:00 Digital Concert	26 9:30 Morning Check In 10:30 Exercise 2:30 Native American Heritage Day 6:00 Movie- Dances With Wolves	27 10:00 Exercise - JC 2:30 Table Games 6:00 Evening Movie
28 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie	29 1st Day of Hanukkah 9:30 Weekday Update 10:30 Movement to Music 1:00 Monday Manicures 2:00 Concert with MPLS Aquatennial Senior Singers - C 6:00 Relaxing Music	30 9:30 Morning Chats 10:30 Exercise - JC 2:30 Hanukkah Fun, Facts and Treats 6:00 Turner Classic Shows	Activities are subject to change.		Happy Birthday: 	

LEGEND:
 C - Centrum
 JC - Julia Commons
 LV - Lakeview Room
 DR – Dining Room