




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Activities are subject to change.</b></p>	<p><b>Happy Birthday:</b></p> <p><b>Sylvia S. 1/30</b></p>		<p>LEGEND: C - Centrum JC - Julia Commons LV - Lakeview Room DR – Dining Room</p>			<p><b>1</b> 10:00 Exercise - JC 2:30 Puzzle 6:00 Evening Movie</p>	
	<p><b>2</b> 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie</p>	<p><b>3</b> 9:30 Weekday Updates 10:30 Movement to Music 1:00 Monday Manicures <b>2:00 Concert with Highwater Band: 30's-70's mix Jazz/Rock/Folk – C</b> 6:00 Relaxing Music</p>	<p><b>4</b> 9:30 Morning Chats 10:30 Chaplain Chats – JC 2:30 Famous Last Trivia 6:00 Turner Classic Shows</p>	<p><b>5</b> 9:30 Midweek Check In 10:00 Thai Chi - JC 3:00 Crossword 6:00 Relaxing Music</p>	<p><b>6</b> 9:30 News and Coffee 10:30 Sit-and-Stretch 2:30 BINGO 6:00 The Good Old Days</p>	<p><b>7 Orthodox Christmas</b> 9:30 Morning Check In 10:30 Exercise <b>1:30 Music with Chris - C</b> 2:30 Old Rock Day 6:00 Reminiscing</p>	<p><b>8</b> 10:00 Exercise - JC 2:30 Table Games 6:00 Evening Movie</p>
	<p><b>9</b> 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie</p>	<p><b>10</b> 9:30 Weekday Update 10:30 Movement to Music 1:00 Monday Manicures <b>2:00 Concert with Nate: Pianist and Singer – C</b> 6:00 Relaxing Music</p>	<p><b>11</b> 9:30 Morning Chats 10:30 Chaplain Chats – JC 2:30 Trivia 6:00 Turner Classic Shows</p>	<p><b>12</b> 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 National Sticker Day 3:00 Dog Visit Gizmo 6:00 Table Puzzles</p>	<p><b>13</b> 9:30 News and Coffee 10:30 Sit-and-Stretch 2:30 BINGO 6:00 Digital Concert</p>	<p><b>14</b> 9:30 Morning Check In 10:30 Exercise 2:00 The eyes have it day 6:00 Reminiscing</p>	<p><b>15</b> 10:00 Exercise - JC 2:30 Color My Mind 6:00 Evening Movie</p>
	<p><b>16</b> 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie</p>	<p><b>17 Full Moon &amp; MLK Day</b> 9:30 News and Coffee 10:30 Movement to Music 1:00 Monday Manicures 6:00 Relaxing Music</p>	<p><b>18</b> 9:30 Morning Chats 10:30 Squirrel appreciation Day 1:00 Clue Trivia <b>2:30 Monthly Birthday Party with Nostalgic Tunes: Old Tunes - DR</b> 6:00 Turner Classic Shows</p>	<p><b>19</b> 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 Happy Birthday Dolly 3:00 Chicken Soup Reading 6:00 Music Listening</p>	<p><b>20</b> 9:30 News and Coffee 10:30 Sit-and-Stretch 2:30 BINGO 6:00 Digital Concert</p>	<p><b>21</b> 9:30 Morning Check In 10:30 Exercise <b>1:30 Music with Chris - C</b> 2:00 Famous Poems 6:00 Table Puzzles</p>	<p><b>22</b> 2:30 Table Games 6:00 Evening Movie</p>
	<p><b>23/30</b> 10:00 Worship Service – C 2:30 Color my World 6:00 Evening Movie</p>	<p><b>24/31</b> 9:30 Weekday Update 10:30 Movement to Music 1:00 Monday Manicures <b>2:00 Concert with Beachcomber Bob- C (24<sup>th</sup>)</b> 6:00 Relaxing Music</p>	<p><b>25</b> 9:30 Morning Chats 10:30 Exercise - JC 2:30 Celebration of Life 6:00 Turner Classic Shows</p>	<p><b>26</b> 9:30 Midweek Check In 10:00 Thai Chi - JC 10:30 Walk and Talk 3:00 Art Program 6:00 Music Listening</p>	<p><b>27</b> 9:30 News and Coffee 10:30 Sit-and-Stretch 2:30 BINGO 6:00 Digital Concert</p>	<p><b>28</b> 9:30 Morning Check In 10:30 Exercise 2:00 Snack and Chat 6:00 Table Puzzles</p>	<p><b>29</b> 2:30 Table Games 6:00 Evening Movie</p>