




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday: Sue H. 9/3 Louise Q. 9/4 Marilyn B. 9/8 Lucy T. 9/13 Ila P. 9/27		Activities are subject to change.	1 10:00 Exercise 10:30 Welcome to September and Monthly Gazette 2:00 St. Paul Chamber Orchestra Virtual Concert 3:30 Music with Chase 6:30 Evening Movie	2 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
3 10:00 Worship Service – C 6:30 Evening Movie	4 Labor Day 10:00 Sit-and Stretch with Rosemary 10:30 Labor Day Chats 6:30 Evening Movie	5 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 12:15 Courtyard Picnic 2:00 Tricycle Tuesday 3:00 Our World This week 6:30 Evening Movie	6 7:30-9:00 Special Waffle Breakfast with Marnie – DR 9:00 Shopping 10:00 Exercise 10:30 Crossword Puzzle 1:30 Outing: History Center 6:30 Evening Movie	7 10:00 Thai Chi 10:30 Buddy Walks 2:00 NY Fashion week begins 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR	8 10:00 Exercise 10:30 Sid Caesar’s Birthday 2:15 Rosh Hashanah Service - C 3:30 Music with Chase 6:30 Music with Geoffrey	9 10:00 Exercise with McKenzie 2:30 Afternoon Matinee 6:30 Evening Movie
10 Grandparents Day 10:00 Worship Service – C 6:30 Evening Movie	11 10:00 Sit-and-Stretch 10:30 Happy Birthday Harry Connick Jr. 2:00 Concert with Splendid Woodwind Trio: Classical - C 4:00 Qigong with Risa 6:30 Evening Movie	12 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 12:15 Courtyard Picnic 2:00 Tricycle Tuesday 3:00 Our World This week 6:30 Evening Movie	13 9:00 Shopping List to Marnie 10:00 Exercise 10:30 Crossword Puzzle 1:15 Rainbow Connection - 3 rd Floor Great Room 1:30 Outing: History Mystery Bus Ride	14 10:00 Thai Chi 10:30 Buddy Walks 2:00 Star Spangled Banner Day 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR	15 Rosh Hashana Begins at Sundown 10:00 Exercise 10:30 What is Rosh Hashana 2:00 Barbershop Quartet - C 6:00 Erev Rosh Hashanah Service Live Streamed with Risa & Marty	16 10:00 Exercise with McKenzie 2:30 Afternoon Matinee 6:30 Evening Movie
17 10:00 Worship Service – C 6:30 Evening Movie	18 10:00 Sit-and-Stretch 10:30 Brain Games 2:00 All House Birthday Party with Gary Wennerstrom: Popular Piano Tunes – ALDR 4:00 Qigong with Risa 6:30 Evening Movie	19 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 2:00 Tricycle Tuesday 3:00 Our World This Week 6:30 Evening Movie	20 9:00 Shopping List to Marnie 10:00 Exercise 10:30 Crossword Puzzle 11:30 Outing: Lunch at the Arboretum 3:00 Resident Service Meeting 6:30 Evening Movie	21 10:00 Thai Chi 2:00 Food Service Meeting 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR	22 10:00 Exercise 10:30 Autumn Begins 2:30 What is Yom Kippur 3:30 Music with Chase 5:00 Breakfast for Dinner - ALDR 6:30 Music with Geoffrey	23 10:00 Exercise with Rosemary 6:30 Evening Movie
24 Yom Kippur Begins At Sundown 10:00 Worship Service – C 6:00 Kol Nidre Service Live Streamed with Risa and Marty	25 10:00 Sit-and-Stretch 10:30 Trivia 2:00 Concert with Larry David: Piano Duo – C 4:15 Yizkor Service Live Streamed with Risa and Marty 6:30 Evening Movie	26 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 George Gershwin’s Brith Anniversary 2:00 Tricycle Tuesday 3:00 Our World This Week 6:30 Evening Movie	27 9:00 Shopping List to Marnie 10:00 Exercise 10:30 Crossword Puzzle 1:15 Rainbow Connection – 3 rd Floor Great Room 1:30 Outing: Movie Theatre 6:30 Evening Movie	28 10:00 Thai Chi 10:30 Hey Jude 2:00 Qigong with Risa 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR	29 Sukkot Begins at Sundown 10:00 Exercise 10:30 Harvest Moon 2:00 What is Sukkot 3:00 Shabbat Services - C 6:30 Evening Movie	30 10:00 Exercise with Rosemary 6:30 Evening Movie