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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| **1** 10:00 Worship Service - C6:15 Evening Movie - JC  | **2**10:00 Exercise - JC10:30 Sisters Day – JC**2:00 Concert: Clarinet and Saxophone - C**3:00 Capital Day - JC  | **3**9:30-1:00 Doctor Apt 10:00 Exercise - JC10:30 Tony Bennett – JC12:00 Picnic – Courtyard3:00 History of Woman’s Work and Wages – JC**6:00 Outing: Como Lakeside Pavilion Concert** | **4** **7:30-9:30 Special Waffle Breakfast - ALDR**9:00 Shopping List to Marnie 10:00 Thai Chi - JC10:30 Crossword Puzzle - JC3:00 What Am I? - JC5:30 Background Dinner Music by Kathy - DR | **5** 10:00 Exercise - JC**10:30 Buddy Walks - Lobby** 3:00 Who Am I? – JC**5:00 Wine and Dine – DR**6:15 Movie - JC | **6**10:00 Movement to Music with Jessica - JC10:30 Andy Warhol’s Birthday 1928 – JC3:00 Root Beer Float Day - JC6:15 Movie - JC | **7** **10:00 Exercise with McKenzie - JC**2:30 Afternoon Matinee - JC 6:15 Evening Movie - JC  |
| **8** 10:00 Worship Service - C6:15 Evening Movie - JC  | **9**10:00 Exercise - JC10:30 Meghan Markle turns 40 Years Old – JC**1:30 Concert: Guitar and vocal - C**3:00 America’s Mermaid Esther Williams 1921 - JC   | **10**9:30-1:00 Doctor Apt 10:00 Exercise - JC10:30 Chaplain Chats – JC12:00 Picnic – Courtyard3:00 Smokey the Bears Birthday 1944 - JC6:15 Movie - JC  | **11** 9:00 Shopping List to Marnie 10:00 Thai Chi - JC10:30 Crossword Puzzle - JC3:00 National Lighthouse Day - JC5:30 Background Dinner Music by Kathy - DR | **12**10:00 Exercise - JC**10:30 Buddy Walks - Lobby** 3:00 Twin Towers Tightrope Walk Philippee Petit - JC **5:00 Wine and Dine - DR**6:15 Movie - JC | **13**10:00 Movement to Music with Jessica - JC10:30 International Lefthanders Day – JC**11:30 Outing: Lunch at Lake Harriet** **1:30 Music with Chris - C** 3:00 World Elephant Day- JC6:15 Movie - JC  | **14****10:00 Exercise with Jeff - JC**2:30 Afternoon Matinee - JC 6:15 Evening Movie - JC |
| **15** 10:00 Worship Service - C6:15 Evening Movie - JC   | **16** 10:00 Exercise - JC10:30 Lucy Stone 1818 – JC**1:30 Concert: Guitar/singer - Centrum**3:00 Navajo Code Talkers Day - JC  | **17** 9:30-1:00 Doctor Apt 10:00 Exercise - JC10:30 Chaplain Chats – JC12:00 Picnic – Courtyard3:00 Happy Birthday Madonna 1958 - JC 6:15 Movie - JC  | **18** 9:00 Shopping List to Marnie 10:00 Thai Chi - JC10:30 Crossword Puzzle - JC3:00 Marcus Garvey Day- JC5:30 Background DinnerMusic by Kathy – DR**6:00 Outing: Como Lakeside Pavilion Concert**  | **19**10:00 Exercise - JC**10:30 Buddy Walks - Lobby** **11:30 Themed Meal - ALDR****1:00 Food Service Meeting-JC**1:45 Happy Birthday Rosalynn Carter 1927 - JC**5:00 Wine and Dine - DR**6:15 Movie - JC | **20** 10:00 Movement to Music with Jessica - JC10:30 Home Run Record Day – JC3:00 International Orangutan - JC 6:15 Movie - JC  | **21** **10:00 Exercise with Jeff - JC**2:30 Afternoon Matinee - JC 6:15 Evening Movie - JC |
| **22** 10:00 Worship Service - C6:15 Evening Movie - JC  | **23**10:00 Exercise - JC10:30Singing in the Rain Day – JC3:00 Nolan Ryan’s Historic Strike Out 1989 - JC  | **24**9:30-1:00 Doctor Apt 10:00 Exercise - JC10:30 Chaplain Chats – JC12:00 Picnic – Courtyard3:00 Mount Vesuvius - JC 6:15 Movie - JC   | **25**9:00 Shopping List to Marnie 10:00 Thai Chi - JC10:30 Crossword Puzzle - JC 3:00 Leonard Bernstein - JC5:30 Background Dinner Music by Kathy – DR | **26**10:00 Exercise - JC**10:30 Buddy Walks - Lobby** **1:00 Resident Council - JC**1:45 Woman’s Equality Day-JC**5:00 Wine and Dine - DR**6:15 Movie - JC | **27**10:00 Movement to Music with Jessica - JC10:30 Set a Record Day - JC**11:30 Outing: Picnic at MSP Airport and Watch Planes Land** **1:30 Music with Chris - C** 3:00 I Have a Dream Day-JC**5:30 Breakfast for Dinner -ALDR**6:15 Movie - JC  | **28****10:00 Exercise with Rosemary - JC**2:30 Afternoon Matinee - JC 6:15 Evening Movie - JC  |
| **29** 10:00 Worship Service - C6:15 Evening Movie - JC  | **30**10:00 Exercise - JC10:30 U.S. Open Tennis Championship – JC**1:30 Concert: Two Gals and a Piano - C**3:00 What am I? - JC  | **31** 9:30-1:00 Doctor Apt 10:00 Exercise - JC10:30 Star of the Month Martin Sheen – JC12:00 Picnic – Courtyard3:00 Neil Armstrong First Man on the Moon - JC6:15 Movie - JC   | **\*Be sure to check your weekly schedule for details and any changes.****\*Sign up for all Outings, Doctor Apt. Rides, and shopping at Front Desk** |  **LEGEND:**C - Centrum JC - Julia Commons L - LibraryALDR - Assisted Living Dining Rm AR - Art Room L3 - 3rd Floor Lakeview Dining Rm LV - Lakeview Room W1 - 1st Floor Game | ***Happy Birthday:*** | A picture containing text, decorated, colorful  Description automatically generated |

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