

SPRING NEWSLETTER 2023: Community Update

Dear Friends of Jones-Harrison,

Spring has sprung in Minnesota. Cedar Lake is unthawing, buds are bursting open, and bulbs are shooting up. The sunlight brings energy, and there's a pep in our collective step. Thank you for shining a light on our mission to enrich the lives of older adults. We're doing some cool things and are excited to share them with you!



Older Americans Month

Each May, we celebrate Older Americans Month, and this year's theme is "Aging Unbound," recognizing those paving their own path as they age. Let's challenge the narrative on aging and honor the contributions and achievements of older adults.

135 Year Milestone

Jones-Harrison will mark its 135th anniversary on May 29, 2023. We are proud to be a nonprofit, senior living industry leader, and a constant in the Minneapolis community.

It began as "her story." Jones-Harrison was founded for women by the Women's Christian Association (WCA) of Minneapolis. When Mrs. William Harrison (Jane T.), an active member of WCA and generous philanthropist, died in 1885, she bequeathed \$30,000 for a new home for the aged. Concurrently, Mrs. Jones, a WCA board member, announced that her husband was donating 80 acres on the southwest corner of Cedar Lake, valued at \$100,000 and included an Octagon House. Mrs. Harrison and Judge Jones provided the acorn and land for planting, and the WCA planned for and nurtured its growth as a safe haven for the aging poor and provided an opportunity to start anew through employment and life skills. It was an ideal spot to spend the sunset of one's life.

There is a rich history to reflect on that embodies thousands of employees, residents, families, volunteers, board members, donors, community partners, and neighbors who have been integral to Jones-Harrison's success. We appreciate your support over these past 135 years!



Proudly the Second Onsite Dialysis Center in Minnesota

Did you know we've expanded our services to include an onsite dialysis center? Residents with kidney problems can dialyze conveniently and comfortably where they live, which reduces stress, provides smoother care coordination, and eliminates travel time and costs. This service is in partnership with DaVita Dialysis, a leader in the dialysis field. The dialysis den was created by remodeling 700 square feet of existing space. There are six stations with recliner chairs, and 12 people can dialyze per day. Appointments may be scheduled Monday – Saturday and are managed by an onsite RN, Dialysis Technician, and Jones-Harrison Staff. The space includes two large-screen TVs, internet, ceiling air diffusers, and a biomedical storage room.



Spring Sprouts

Residents have been getting their hands dirty and growing vegetables in cups on the windowsill. This summer, when the courtyard opens, the group will plant them outside, and in the fall, it'll carry over to the greenhouse. Gardening encompasses all senses, people of all abilities can participate, and it's therapeutic. We're grateful to Tonkadale Greenhouse for donating seeds and enriching residents' lives.



Thanks A Latte to Our Volunteers

During National Volunteer Appreciation Week, we had a party to honor those who selflessly give their time, talent, and resources. Our volunteers include retired folks, residents, loved ones, neighbors, friends, families, students, librarians, reporters, gardeners/greenhouse, and the board of directors. They assist with planning, outings, the gift shop, church, entertainment, social visits, playing cards, painting nails, parties, pet visits, holiday decorating, etc. We couldn't do it without you!



Music Therapy is Booming—Thanks to You!

Check out these new musical instruments that residents enjoy. Thanks to your support during last November's Give to the Max, we purchased drums, guitars, fruit shakers, music stands, amplifiers, etc. The benefits of music therapy are powerful.



Spread the Word: We're Providing Free CNA Training



Improved Accommodations for Our Jewish Friends

We now have a Shabbat door for Jewish holidays and the Shabbat. To learn more about it, please call the front desk at 612-920-2030.

See What's Happening on Social Media

Stay up to date by following Jones-Harrison on social media. You can help by liking, commenting, and sharing our posts; it's easy and impactful.

- Facebook: <u>facebook.com/jonesharrisonresidence</u>
- LinkedIn: linkedin.com/company/jones-harrison-residence
- Instagram: instagram.com/jones-harrisonresidence/