


Independent and Assisted Living Calendar

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change, please see Weekly Calendar	1 April Fool's Day 10:00 Sit-and Stretch 10:30 Welcome to April 2:00 North Pole Presentation with Jon 4:00 Qigong with Risa 6:30 Evening Movie	2 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Fountain of Youth Day 3:00 Our World This week 6:30 Evening Movie	3 7:30-9:00 Special Waffle Breakfast with Marnie: Complementary to all AL Residents 9:00 Shopping to Byerly's/Target 10:00 Visit with Breck Students - C 1:15 Recovery Connection – 3 rd Floor Great Room 1:30 Outing: Galleria for Bachman's "Into The Deep" Floral Experience = No Cost 6:30 Evening Movie	4 MN Twins Home Opener 10:00 Tai Chi 10:30 Crossword Puzzle 2:00 Happy Birthday Maya Angelou 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	5 10:00 Exercise 10:30 Edinburgh International Harp Festival Begins: Learn about the Harp today 2:00 Qigong with Risa 3:30 Music with Chase 6:30 Evening Movie	6 10:00 Exercise with McKenzie 2:30 Afternoon Matinee 6:30 Evening Movie
7 10:00 Worship Service – C 6:30 Evening Movie	8 10:00 Sit-and Stretch 10:30 Total Solar Eclipse 2:00 Concert with Highwater Band: Oldies - C 4:00 Qigong with Risa 6:30 Evening Movie	9 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 2-4 Jeanne's Memorial Reception - LV 3:00 Our World This week 6:30 Evening Movie	10 NO Shopping to Byerly's/Target 10:00 Visit with Breck Students (Passover Sedar Program) - C 1:15 Rainbow Connection - 3 rd Floor Great Room 11:30 Outing: Lunch at Edelweiss= \$ 6:30 Evening Movie	11 10:00 Tai Chi 10:30 Crossword Puzzle 2:00 Civil Rights Anniversary 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	12 10:00 Exercise 10:30 First Man in Space Day 1:00 National Parks Presentation with Risa 2:00 Qigong with Risa 3:00 Shabbat Services - C 6:30 Music with Geoffrey Lobby	13 10:00 Exercise with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
14 10:00 Worship Service – C 6:30 Evening Movie	15 Tax Day 10:00 Sit-and-Stretch 10:30 Leonardo da Vinci and how he Changed the World 2:00 All House Birthday Party with Michael: Piano/singer - DR 4:00 Qigong with Risa 6:30 Evening Movie	16 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 3:00 Our World This week 6:30 BINGO NIGHT - JC	17 9:00 Shopping to Byerly's/Target 10:00 Visit with Breck Students - C 1:15 Recovery Connection - 3 rd Floor Great Room TBD Outing: Movie Theatre = + 6:30 Evening Movie	18 10:00 Tai Chi 10:30 Crossword Puzzle 1:30 Food Service Meeting 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	19 10:00 Exercise 10:30 First Woman to Run Boston Marathon 2:00 Qigong with Risa 2:45 Music with Chris - C 6:30 Evening Movie	20 10:00 Exercise Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie
21 10:00 Worship Service – C 6:30 Evening Movie	22 Earth Day 10:00 Sit-and-Stretch 10:30 Spring Trivia 2:30 Concert with Armenian Dancers - C 4:00 Qigong with Risa 6:30 Evening Movie	23 1st Day of Passover 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Chaplain Chats 3:30 Our World This Week 6:30 Evening Movie	24 9:00 Shopping to Byerly's/Target 10:00 Visit with Breck Students (Last Visit) - C 1:15 Rainbow Connection – 3 rd Floor Great Room 2:00 Resident Service Meeting 6:30 Evening Movie	25 10:00 Tai Chi 10:30 Crossword Puzzle 2:00 Ella Fitzgerald Birth Anniversary 4:15 Wine and Cheese 5:30 Background Dinner Music by Kathy – DR 6:30 Evening Movie	26 Arbor Day 10:00 Exercise 10:30 Arbor Day Fun and Facts 1:00 Outing: MIA Art in Bloom 2:00 Qigong with Risa 3:30 Music with Chase 6:30 Music with Geoffrey - Lobby	27 10:00 Exercise with McKenzie 2:30 Afternoon Matinee 6:30 Evening Movie
28 10:00 Worship Service – C 6:30 Evening Movie	29 10:00 Sit-and-Stretch 10:30 Royal Wedding Anniv. 2:00 Concert with B-Cause Band: Oldies – C 4:00 Qigong with Risa 6:30 Evening Movie	30 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Beltane Fire Festival 3:00 Our World This Week 6:30 Evening Movie	Happy Birthday: No Birthdays This Month		Sign up for outings at the front desk. Be in lobby 10 minutes prior to departure time.	Legend C = Centrum LV = Lakeview Room DR = Dining Room Not labeled = Julia Commons \$ = Pay your own way *= Complimentary if on Meal Plan + = Billed to your account