



# Assisted Living Garden Calendar

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 April Fool's Day</b> 10:00 Sit-and-Stretch - JC 10:30 Monthly Gazette 2:00 Around the World All Fools Day 4:00 Qigong with Risa - JC 6:30 Sing Along	<b>2</b> 10:00 Movement to Music with Jessica from Wellness Center - JC 10:30 All About Rainbows 2:00 Afternoon Art 4:00 Balloon Toss 6:30 Color me Calm	<b>3</b> <b>10:00 Visit with Breck Students – C</b> <b>2:00 Guitar Music with Judi</b> 4:00 Move and Groove 6:30 Evening Movie	<b>4</b> 10:00 Tai Chi - JC 10:30 Crossword Puzzle – JC 1:00 BINGO 4:00 Sensory Box Hour 6:30 Magazine Hour	<b>5</b> 10:00 Exercise - JC 10:30 Do Unto Others 2:00 Qigong with Risa – JC 3:30 Music with Chase 6:30 Evening Movie	<b>6</b> 10:00 Exercise– JC 2:30 Afternoon Matinee 4:00 Table Puzzle 6:30 April Match Up
<b>7</b> 10:00 Worship Service – C 4:00 Noodle Ball 6:30 Evening Movie	<b>8</b> 10:00 Sit-and-Stretch - JC 10:30 Brain Games <b>2:00 Concert with Highwater Band: Oldies - C</b> 4:00 Qigong with Risa - JC 6:30 Evening Stroll	<b>9</b> 10:00 Movement to Music with Jessica from Wellness Center - JC 10:30 Chaplain Chats 2:00 Managing Conflict with Humor <b>2-4 Jeanne's Memorial Reception - LV</b> 4:00 Sing Along 6:30 Manicures	<b>10</b> <b>10:00 Visit with Breck Students (Passover Sedar Program) – C</b> 2:00 Snack and Chat 4:00 Volleyball Toss 6:30 Evening Movie	<b>11</b> 10:00 Tai Chi - JC 10:30 Crossword Puzzle – JC <b>12:00 Pizza Dine</b> 1:00 BINGO 4:00 Table Bowling 6:30 Our Town Reminiscing	<b>12</b> 10:00 Exercise - JC 10:30 Chicken Soup for the Soul Story Reading – C <b>1:00 National Parks Presentation with Risa</b> 2:00 Qigong with Risa <b>3:00 Shabbat Services - C</b> <b>6:30 Music with Geoffrey – Lobby</b>	<b>13</b> 10:00 Exercise - JC 2:30 Afternoon Matinee 4:00 Move and Groove 6:30 Green House Walks
<b>14</b> 10:00 Worship Service – C 4:00 Sensory Box 6:30 Evening Movie	<b>15 Patriots' Day/ Tax Day</b> 10:00 Sit-and-Stretch - JC 10:30 Patriot's Day Fun & Facts <b>2:00 All House Birthday Party with Michael: Piano/singer - DR</b> 4:00 Qigong - JC 6:30 Bracelet Making	<b>16</b> 10:00 Movement to Music with Jessica from Wellness Center - JC 10:30 Chaplain Chats 2:00 Everyday Life Trivia 4:00 Musical Favorites 6:30 Balloon Toss	<b>17</b> <b>10:00 Visit with Breck Students – C</b> <b>2:00 Guitar Music with Judi</b> 4:00 Family Feud 6:30 Evening Movie	<b>18</b> 10:00 Tai Chi - JC 10:30 Crossword Puzzle - JC 1:00 BINGO 4:00 Move and Groove 6:30 Color My World	<b>19</b> 10:00 Exercise - JC 10:30 Who is Beverly Cleary 2:00 Qigong with Risa - JC <b>2:45 Music with Chris - C</b> 4:00 Sing Along 6:30 Evening Movie	<b>20</b> 10:00 Exercise - JC 2:30 Afternoon Matinee 4:00 Hydration and Chat 6:30 Evening Stroll
<b>21</b> 10:00 Worship Service – C 4:00 Busy Box 6:30 Evening Movie	<b>22 Earth Day</b> 10:00 Sit-and-Stretch - JC 10:30 What on Earth is Earth Day <b>2:30 Concert with Armenian Dancers - C</b> 4:00 Qigong - JC 6:30 Can you Picture This	<b>23 1<sup>st</sup> Day of Passover</b> 10:00 Movement to Music with Jessica from Wellness Center - JC 10:30 Chaplain Chats 2:00 What is Passover 4:00 Volleyball 6:30 Evening Art	<b>24</b> <b>10:00 Visit with Breck Students (Last Visit) – C</b> <b>2:00 Guitar Music with Judi</b> 4:00 Bean Bag Toss 6:30 Evening Movie	<b>25</b> 10:00 Tai Chi - JC 10:30 Crossword Puzzle - JC 1:00 BINGO 2:00 Arts and Crafts 4:00 Junk Drawer Detective 6:30 April Match Up	<b>26 Arbor Day</b> 10:00 Exercise - JC 10:30 Arbor Day 2:00 Qigong with Risa – JC 3:30 Music with Chase - JC 4:00 Activi-Tree's Art <b>6:30 Music with Geoffrey – Lobby</b>	<b>27</b> 10:00 Exercise - JC 2:30 Afternoon Matinee 4:00 Busy Box Hour 6:30 Jewelry Making
<b>28</b> 10:00 Worship Service – C 4:00 Move and Grove 6:30 Evening Movie	<b>29</b> 10:00 Sit-and-Stretch - JC 10:30 Name 10 Game <b>2:00 Concert with B-Cause Band - C</b> 4:00 Qigong - JC 6:30 Matching Game	<b>30</b> 10:00 Movement to Music with Jessica from Wellness Center - JC 10:30 Collages 2:00 Armchair Travel 4:00 Table Talk 6:30 Sensory Busy Box		<b>Happy Birthday:</b>  Connie C. 4/27	<b>Activities are subject to change.</b>	<b>LEGEND:</b> C - Centrum LV - Lakeview Room DR - Dining Room Not labeled – Julia Commons