



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|---|--|
| <p>Legend C = Centrum LV = Lakeview Room DR = Dining Room CY = Courtyard Not labeled = Julia Commons \$ = Pay your own way * = Included if on Meal Plan + = Billed to your account</p> | <p>Happy Birthday: Barb D. 05/01 David C. 05/03 Joanie D. 05/09 Maggie W. 05/11 Sharon N. 05/24 Jerry P. 05/24</p> |  | <p>Activities are subject to change, please see Weekly Calendar</p> <p>Sign up for outings at the front desk</p> |  | <p>1 May Day & Full Moon 10:00 Circuit Training Ind. 3:00 Watercolor Class with Risa 6:30 Evening Movie</p> | <p>2 10:00 Exercise and coffee with Rosemary 3:00 Student Violin Recital - C 6:30 Evening Movie</p> |
| <p>3 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p> | <p>4 9:00 Circuit Training – Indep. 10:00 Watercolor Class with Risa 2:30 Concert with Todd Anderson: Patriotic Music - C 6:30 Evening Movie</p> | <p>5 Cinco De Mayo 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle 11:30 Special Cinco De Mayo Lunch = * - DR 2:30 Piano Concert with Tim and Daughter: Classical and Folk - C 6:30 Music in the Lobby with Chris</p> | <p>6 7:30-9:00 Special Waffle Breakfast with Marnie *Free to all AL/IL Residents - DR NO Shopping to Byerly's/Target 10:00 Men's Club – 3rd Floor Great Room 10:00 Exercise 10:30 All About May 1:30 Outing: Bachman's and Patrick's Café = \$ 6:30 Evening Movie</p> | <p>7 10:00 Tai Chi 10:30 Deep Dives with Don 2:00 Hennipen County Library "At Home by Mail Service" Presentation 4:00 Wine and Cheese 6:30 Evening Movie</p> | <p>8 10:00 Circuit Training 2:00 Mom's and Mimosas (Mother's Day Program) with Judi and Lori – C 3:00 Watercolor Class (no Risa) 6:30 Evening Movie</p> | <p>9 10:00 Exercise and Coffee with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p> |
| <p>10 Mother's Day 10:00 Sunday Worship Service - C 11:30 Special Mother's Day Lunch = * - DR 2:00 Coffee and Chats in the Lobby</p> | <p>11 9:00 Circuit Training – Indep. 10:00 Watercolor Class with Risa 2:00 All House Birthday Party with Entertainment by Leo - DR 6:30 Evening Movie</p> | <p>12 9:30-1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:15 Rainbow Connection - 3rd FL Great Room 10:30 Crossword Puzzle 2:00 Classical Chamber Music with Jon - C 3:00 Current Events 6:30 Music in the Lobby with Judi</p> | <p>13 8:35 Shopping to Byerly's/Target 10:00 Men's Club – 3rd Floor Great Room 10:00 Exercise 10:30 Chaplain Chats 11:45 Outing: Arboretum (lunch, giftshop, walking) = \$ or no cost 6:30 Evening Movie</p> | <p>14 10:00 Tai Chi 10:30 Deep Dives with Don 1:30 Food Service Meeting 4:00 Wine and Cheese 6:30 A Night at the Opera - C</p> | <p>15 10:15 Outing: Breakfast at Fat Nat's = \$ 10:00 Circuit Training 2:00 Piano Music with Christopher – C 3:00 Watercolor Class with Risa 6:30 Evening Movie</p> | <p>16 Armed Forces Day 10:00 Exercise and Coffee with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p> |
| <p>17 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p> | <p>18 9:00 Circuit Training – Indep. 10:00 Watercolor Class with Risa 11:45 Outing: Lunch at Supermoon Chinese Buffet=\$ 4:00 Chair Yoga 6:30 Evening Movie</p> | <p>19 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:30 Crossword Puzzle 2:00 Classical Chamber Music with Jon - C 3:00 Chaplain Chats 6:30 Music in the Lobby with Chris</p> | <p>20 8:35 Shopping to Byerly's/Target 10:30 MacPhail Music Hour with Dr. Jordan Warmath from MacPhail: Violin music – C Outing: Movie Theatre = + 6:30 Evening Movie</p> | <p>21 10:00 Tai Chi 10:30 Deep Dives with Don 2:00 Resident Council 4:00 Wine and Cheese 6:30 Evening Movie</p> | <p>22 10:00 Circuit Training 2:00 Player Piano Music with Jon – C 3:00 Watercolor Class with Risa 6:30 Evening Movie</p> | <p>23 10:00 Exercise and Coffee with Rosemary 2:00 Piano music with Jake - C 6:30 Evening Movie</p> |
| <p>24/31 Full Moon (31st) 10:00 Worship Service – C 2:00 Coffee and Chats in the Lobby 6:30 Evening Movie</p> | <p>25 Memorial Day 10:00 Watercolor Class (No Risa) 11:30 Special Memorial Day Lunch = * - DR 4:00 Chair Yoga 6:30 Evening Movie</p> | <p>26 Eid Begins at Sundown 9:30 -1:00 Doctor Rides 10:00 Movement to Music with Jessica from Wellness Center 10:15 Rainbow Connection - 3rd FL Great Room 10:30 Crossword Puzzle 3:00 Classical Chamber Music with Jon - C 6:30 Music in the Lobby with Judi</p> | <p>27 8:35 Shopping to Byerly's/Target 10:00 Men's Club – 3rd Floor Great Room 10:00 Exercise 10:30 Chaplain Chats 1:30 Outing: MIA = No Cost 6:30 Evening Movie</p> | <p>28 10:00 Tai Chi 10:30 Deep Dives with Don 2:00 Virtual Orchestra Concert 4:00 Wine and Cheese 6:15 Outing: Como Pavillion: Northeast Community Band = No Cost</p> | <p>29 10:00 Circuit Training 2:00 Music with Chris – C 3:00 Watercolor Class (No Risa) 3:00 Shabbat Services - C 6:30 Evening Movie</p> | <p>30 10:00 Exercise and Coffee with Rosemary 2:30 Afternoon Matinee 6:30 Evening Movie</p> |