

# September 2026

## Jones-Harrison Assisted Living Calendar



| Sunday                                                                                                            | Monday                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                         | Saturday                                                                                                                                              |
|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charges</b><br>\$ = Pay Your Own Way<br>* = Included if on Meal Plan<br>+ = Billed To Your Account             | <b>Locations Legend</b><br><br>Julia Commons (JC)<br>Community (CM)<br>Centrum (C)<br>Lobby (L)<br>Wellness Center (WC)<br>3rd Floor Great Room (3GR)<br>Dining Room (DR)   | 9:30 Doctor Rides (CM)<br>10:00 Movement to Music with Jessica from the Wellness Center (JC)<br>10:30 Crossword Puzzle (JC)<br>1:00 Bike Rides (CM)<br>2:00 Classical Music with Jon (C)<br>3:00 Chaplain Chats (JC)<br>6:30 Music in the Lobby with Judi (L)<br><b>1</b>               | 7:30 Special Waffle Breakfast with Marnie = No Charge (DR)<br>8:35 NO Shopping to Target or Byerlys (CM)<br>10:00 Exercise (JC)<br>10:30 Morning Program (JC)<br>1:30 Outing: Airport = No Cost (CM)<br><b>2</b>                       | 10:00 Tai Chi (JC)<br>10:30 Deep Dives with Don (JC)<br>1:30 Music with Nick Brown from MacPhail: French Horn (JC)<br>4:00 Wine and Cheese (JC)<br><b>3</b>                              | 10:00 Circuit Training (WC)<br>10:00 Outing: Breakfast at OPH = \$ (CM)<br>2:00 Player Piano Music with Jon (C)<br>3:00 watercolor class (JC)<br>3:30 Bike Rides (CM)<br><b>4</b>                                                                              | 10:00 Exercise and Coffee with Rosemary (JC)<br>2:30 Afternoon Movie Matinee (JC)<br><b>5</b>                                                         |
| 10:00 Church (C)<br>2:00 Coffee and Chats (L)<br>6:30 evening movie (JC)<br><b>6</b>                              | 9:00 Circuit Training (WC)<br>10:00 Watercolor Class (JC)<br>6:30 evening movie (JC)<br><b>7</b>                                                                            | 9:30 Doctor Rides (CM)<br>10:00 Movement to Music with Jessica from the Wellness Center (JC)<br>10:30 Crossword Puzzle (JC)<br>1:00 Bike Rides (CM)<br>2:00 Rosh Hashanah and Yom Kippur Service (C)<br>6:30 Music in the Lobby with Andy (L)<br><b>8</b>                               | 8:35 Shopping to Target or Byerlys (CM)<br>10:00 Exercise (JC)<br>10:30 Morning Program (JC)<br>11:30 Outing: Lunch at Great Wall = \$ (CM)<br>6:30 evening movie (JC)<br><b>9</b>                                                     | 10:00 Tai Chi (JC)<br>10:30 Deep Dives with Don (JC)<br>2:00 Virtual Orcesta Concert (JC)<br>4:00 Wine and Cheese (JC)<br>6:30 evening movie (JC)<br><b>10</b>                           | 10:00 Circuit Training (WC)<br>10:00 Compas Residency with Karla Nweje: Creative Movement (C)<br>2:00 Player Piano Music with Jon (C)<br>3:00 watercolor class (JC)<br>3:30 Bike Rides (CM)<br>6:30 evening movie (JC)<br><b>11</b>                            | 10:00 Exercise and Coffee with Rosemary (JC)<br>2:00 Music with Jake (C)<br>2:30 Afternoon Movie Matinee (JC)<br>6:30 evening movie (JC)<br><b>12</b> |
| 10:00 Church (C)<br>2:00 Coffee and Chats (L)<br>6:30 evening movie (JC)<br><b>13</b>                             | 9:00 Circuit Training (WC)<br>10:00 Watercolor Class (JC)<br>2:00 All House Birthday Party with Entertainment by Hans and Sven (DR)<br>6:30 evening movie (JC)<br><b>14</b> | 9:30 Doctor Rides (CM)<br>10:00 Movement to Music with Jessica from the Wellness Center (JC)<br>10:15 Rainbow Connection (3GR)<br>10:30 Crossword Puzzle (JC)<br>1:00 Bike Rides (CM)<br>2:00 Classical Music with Jon (C)<br>3:00 Chaplain Chats (JC)<br><b>15</b>                     | 8:35 NO Shopping to Target or Byerlys (CM)<br>10:00 Exercise (JC)<br>10:30 Morning Program (JC)<br>6:30 evening movie (JC)<br><b>16</b>                                                                                                | 10:00 Tai Chi (JC)<br>10:30 Deep Dives with Don (JC)<br>1:30 Food Service Meeting (DR)<br>4:00 Wine and Cheese (JC)<br>6:30 evening movie (JC)<br><b>17</b>                              | 10:00 Circuit Training (WC)<br>10:00 Compas Residency with Karla Nweje: Creative Movement (C)<br>2:00 Player Piano Muic with Jon (C)<br>3:00 watercolor class (JC)<br>3:30 Bike Rides (CM)<br>6:30 evening movie (JC)<br><b>18</b>                             | 10:00 Exercise and Coffee with Rosemary (JC)<br>2:30 Afternoon Movie Matinee (JC)<br>6:30 evening movie (JC)<br><b>19</b>                             |
| 10:00 Church (C)<br>2:00 Coffee and Chats (L)<br>6:30 evening movie (JC)<br><b>20</b>                             | 9:00 Circuit Training (WC)<br>10:00 Watercolor Class (JC)<br>3:00 Concert with Dino (C)<br>6:30 evening movie (JC)<br><b>21</b>                                             | 9:30 Doctor Rides (CM)<br>10:00 Movement to Music with Jessica from the Wellness Center (JC)<br>10:30 Crossword Puzzle (JC)<br>1:00 Bike Rides (CM)<br>2:00 Classical Music with Jon (C)<br>3:00 Chaplain Chats (JC)<br>6:30 Music in the Lobby with Andy (L)<br><b>22</b>              | 8:35 Shopping to Target or Byerlys (CM)<br>10:00 Exercise (JC)<br>10:00 Men's Group (3GR)<br>10:30 Morning Program (JC)<br>1:30 Outing: Arboretum for Giftshop and Scenic Drive = No Cost (CM)<br>6:30 evening movie (JC)<br><b>23</b> | 10:00 Tai Chi (JC)<br>10:30 Deep Dives with Don (JC)<br>2:00 Resident Council (JC)<br>4:00 Wine and Cheese (JC)<br>6:30 A Night at the Opera (C)<br>6:30 evening movie (JC)<br><b>24</b> | 10:00 Circuit Training (WC)<br>10:00 Compas Residency with Karla Nweje: Creative Movement (C)<br>2:00 Concert with Uke-A-Ladies (C)<br>3:00 Shabbat Services (C)<br>3:00 Watercolor Class (JC)<br>3:30 Bike Rides (CM)<br>6:30 evening movie (JC)<br><b>25</b> | 10:00 Exercise and Coffee (JC)<br>2:30 Afternoon Movie Matinee (JC)<br>6:30 evening movie (JC)<br><b>26</b>                                           |
| 10:00 Church (C)<br>2:00 Coffee and Chats (L)<br>2:00 Music with Jake (C)<br>6:30 evening movie (JC)<br><b>27</b> | 9:00 Circuit Training (WC)<br>10:00 Watercolor Class (JC)<br>2:00 Compas Residency with Karla Nweje: Creative Movement (C)<br>6:30 evening movie (JC)<br><b>28</b>          | 9:30 Doctor Rides (CM)<br>10:00 Movement to Music with Jessica from the Wellness Center (JC)<br>10:15 Rainbow Connection (3GR)<br>10:30 Crossword Puzzle (JC)<br>1:00 Bike Rides (CM)<br>2:00 Candlelight Remembrance Service (C)<br>6:30 Music in the Lobby with Judi (L)<br><b>29</b> | 8:35 Shopping to Target or Byerlys (CM)<br>10:00 Exercise (JC)<br>10:00 Men's Group (3GR)<br>10:30 Morning Program (JC)<br>1:30 Outing: Bell Museum = \$ (CM)<br>6:30 evening movie (JC)<br><b>30</b>                                  |                                                                                                                                                                                          | Birthday's<br><br><br>Louis Q.<br>Ardis J.<br>Shirley K.<br><br>4th<br>18th<br>18th                                                                                                                                                                            |                                                                                                                                                       |