Now Offering Take-Out!

Call to order 612-225-1121
Monday - Friday 8am-2:30pm

See Menu Below!

Select your time of pick-up and your order will be ready in the vestibule of Jones-Harrison.

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And Instagram! @frankscafeJHR
## Spring Menu 2020

### Breakfast

**Egg Sandwich** - Choose Veggie, Ham, Bacon, or Turkey Sausage with cheddar, egg on ciabatta bread $7

**Turkey Sausage English Muffin Sandwich** - $5

**Fig French Toast** - 2 pieces with fig spread, pistachios, maple syrup on cranberry wild-rice bread $7

**Avocado Toast** - avocado slices, carrots, sunflower seeds, miso dressing $6

**Oatmeal** - Muesli or Banana Walnut Cinnamon $5

### Small Plates

**Graze Plate** - apple slices, hard-boiled egg, pretzels, grapes, ciabatta toasts, brie $8

**Baguette au Fromage** $6

**Hummus & Veggies Plate** $5

**Grapes, Brie, Mixed Nuts** $4

**Green Apple Slices with Peanut Butter** $4

### Soup of the Day!

Cup $3  
Bowl $4

### Sandwiches

**Full $7 Half $4**

**Italian Veggie Sub** - pepperoni, provolone on ciabatta, sauteed veggies, green goddess

**Ham & Fig Sub** - cheddar, sliced apples, mustard, mayo, arugula, fig spread on ciabatta

**Fresh Veggie Sammy** - hummus, cucumber, red onion, avocado, red pepper, tomato, arugula on 7 grain, sunflower seeds

**Roast Beef** - provolone, caramelized onions on ciabatta

**Turkey BLT** - on 7-grain

**Veggie Sandwich** - sauteed vegetables, white cheddar, green goddess dressing on ciabatta

**Grilled Cheese** - provolone, cheddar, tomato, bacon, avocado on 7 grain

**Thanksgiving Special** - cranberry aioli, turkey, mixed greens on cranberry wild-rice bread

### Salads $7

**Fresh Spring Salad** - radishes, cucumber, avocado, tomatoes, country french vinaigrette

**Turkey Cobb** - hard boiled eggs, bacon, avocado, tomato, buttermilk ranch dressing

### Full Coffee Bar

**Iced or Hot Beverages!**

- Cold Brew
- English Toffee Latte
- Cinnamon Bun Latte
- Black & White Mocha
- Caramel Macchiato

*We take requests!*

### Flatbread Pizzas

**Pesto Flatbread** - pesto base, mozzarella, heirloom, tomatoes, red pepper flakes, arugula $7

**Fig Flatbread** - fig spread, goat cheese, toasted almonds, honey $7

**BYO Pizza**

- Cheese $6
- Veggies $.25 each
- Protein $.50 each

### Ask about our Vegetarian Choices
Pastry Selection

Please ask about our specials!

- Blueberry Muffin $2.50
- Cranberry Lemon Muffin $2.50
- Banana Bread $4
- Rocky Road Cookie $2
- Croissant $3

Bagels from St. Paul Bagelry!
- $1.50 / Add Cream Cheese $1
- Blueberry Bagel
- Asiago Cheese Bagel
- Everything Bagel
- Plain Bagel

Other Beverage Selection

*Ask About Our Spring Spritzers! $4*

- Kombucha - Pineapple Peach or Ginger $3
- Mexican Coca-Cola $2.50
- Boylan’s Craft Sodas: Diet Cola, Ginger Ale, Rootbeer, Cream Soda $2.50
- La Croix Pure - $1